

Race 6 Sible Hedingham 10K 31st July

1	Gavin	Allen	38:11		
2	Stewart	Ellis	39:08		
3	Gary	Freeear	40:34		
4	Sam	Wolton	44:19		
5	Paul	Judge	44:21	Guest	
6	Stuart	Ashworth	44:23		
7	Neil	Poulter	44:30		
8	Paul	Hinsley	45:29		
9	Bob	Langley	45:35		
10	Karl	Hillman	46:24		
11	Alan	Barnard	46:47		
12	Chris	Knight	47:35		
13	Jim	Clark	48:16		
14	Dan	Hollinshead	48:16		
15	Kelly	Judge	48:23		
16	Nick	McKean	49:52		
17	Emma	Healy	50:35		
18	Victoria	Metson	50:38		
19	Treena	Carder	50:47		
20	Phil	Jeffries	50:48		
21	Charlotte	King	51:05		
22	Anna	Bambridge	52:28		
23	Mandy	Humm	54:19		
24	Andy	Wilmot	54:38		
25	John	Warne	54:39		
26	Ross	Kemble	55:15		
27	Jade	Norridge	55:28		
28	Hazel	Buist	55:38		
29	Darren	Powell	56:27		
30	Carol	Atkins	56:37		
31	Rosie	Atkins	56:38		
32	Jane	Roach	57:11		
33	Lauren	Hutley	1:00:37		
34	Jenn	Langley	1:01:10		
35	Mick	Purkiss	1:01:47		
36	Axel	Voigt	1:01:52		
37	Michelle	Edney	1:01:54		
38	Kate	Barnard	1:03:48		
39	Val	Kerrison	1:07:49		
40	Debbie	Partridge	1:07:51		