

Race 5
13-Jul
Lamarsh
5m

1	Stephen	Metson	00:33:14
2	Steve	May	00:33:43
3	Phil	Jeffries	00:35:51
4	Chris	Knight	00:36:09
5	Joe	Slee	00:36:33
6	Rachael	Roughan	00:37:28
7	Paul	Hinsley	00:37:53
8	Neil	Poulter	00:39:28
9	Hannah	Whale	00:39:37
10	Perry	James	00:39:47
11	Mike	Greal	00:39:54
12	Karl	Hillman	00:40:30
13	Andy	Carter	00:41:30
14	John	Warne	00:42:13
15	Victoria	Metson	00:42:57
16	Dan	Roughan	00:43:24
17	Treena	Carder	00:43:35
18	Wendy	Carter	00:44:38
19	Sarah	Waddington	00:44:52
20	Emma	Healey	00:45:41
21	Jenny	Smith	00:49:19
22	Grace	Bauckham	00:49:21
23	Hannah	Joy	00:49:21
24	Bec	Gilroy	00:49:23
25	Val	Kerrison	00:56:35
26	Debbie	Partridge	00:56:39