



CLUB MEMBERS CODE OF CONDUCT

Halstead Road Runners are fully committed to safeguarding and promoting the well-being of all its members and creating an active culture where enjoying being part of a supportive and inclusive running community is at the heart of everything we do. Therefore, all members are expected to follow the code of conduct below.

Be safe

- We operate a 'Safety first' culture at all times, ensuring the safety of ourselves and the wider group.
- When running on the roads, we respect the highway code and do not take unnecessary risks with traffic. Hi viz/reflective clothing and head torches are to be worn on dark/poor visibility evenings or when advised by our Run Leader/club notices.
- We do not leave training members behind in our running groups or leave the group without advising the Run Leader.

Be Kind

- We treat one another respectfully and equally with civility and empathy.
- We are friendly, open and welcoming, fostering a sense of belonging.
- We extend encouragement and support to our groups, our Run Leaders and the committee, fostering a sense that we are on the same side and committed to the purpose of the club above.
- We appreciate members points of view, even when different from our own.
- We don't swear or use abusive language when representing the club at training or events.
- We adhere to the social media policy and do not post any material that could be considered aggressive, antagonistic, discriminatory or derogatory.
- We respect committee decisions, asking for clarification if needed and working cooperatively with the committee and other members within the club.
- We show respect for residents, race officials and the decisions of race/event organisers when representing the club.

Give Back

- We actively seek ways to contribute to the running of the club and wider running community, willingly volunteering our time and skills where we are able.

Accept Accountability

- We are accountable for our own behaviour, safety and actions.
- We listen to club announcements and pay careful attention to our Run Leader prior to and during training sessions.
- We make our Run Leaders aware of any injury or medical conditions that might impact our ability during a training session prior to our training run.
- We report breeches of this code or any club policy to our Run Leader, or the Chairman immediately.
- We promptly pay membership fees and any other costs/fees incurred as a member.