

Race 4
05-Jul
Panfield
5k

1	Mike	Smith	18:08	31	Dan	Gilroy	24:25
2	Joe	Slee	18:37	32	Ryan	Miller	24:40
3	Nathan	Roulson	18:38	33	Noush	Springett	24:49
4	Karen	Pickering	19:21	34	Orla	McAndrew	24:50
5	Ben	Brown	19:27	35	Martha	May	25:01
6	James	North	20:27	36	Steve	May	25:01
7	Stephen	Metson	20:55	37	Andy	Carter	25:11
8	Toby	Metson (Junior)	20:55	38	Wendy	Carter	25:57
9	Gareth	Dyball	21:35	39	Ian	Stokoe	26:08
10	Aiden	Kelly	22:15	40	Mike	Yeatts	26:25
11	Ross	Kemble	22:21	41	Hannah	Root	26:48
12	Don	Wilson	22:41	42	Emma	Healy	26:49
13	Callum	Roughan (Junior)	22:50	43	Jacob	Root	26:49
14	Rachael	Roughan	22:50	44	Treena	Carder	26:53
15	Phil	Jeffries	22:54	45	Neil	Addington	27:40
16	Bob	Langley	22:57	46	Jo	Norris	29:37
17	Hannah	Whale	23:01	47	Chris	Arter	30:09
18	Simon	King	23:09	48	Penny	Clarke	31:24
19	Joby	Humm	23:30	49	Jenny	Clark	31:59
20	Neil	Poulter	23:33	50	Anne	Rout	33:22
21	Darren	Powell	23:36	51	Debbie	Partridge	34:29
22	Ed	Fairhurst	23:41	52	Cathy	Scott	34:31
23	Luis	Betancourt	23:47	53	Robyn	Smith	35:00
24	Mandy	Humm	23:47	54	Barry	Smith	35:01
25	Millie	Felstead	23:49	55	Val	Kerrison	35:12
26	Caroliena	Cameron	23:59				
27	Sarah	Waddington	24:01				
28	Dan	Roughan	24:06				
29	Gav	Ripton	24:07				
30	Bec	Gilroy	24:25				